# **EGOcentric**

Count: 32 Wall: 4 Level: Improver - Samba rhythm

Choreographer: Tom Inge Soenju (NOR), May 2016

Music: "Ego" by Willy William. - iTunes, Google Play and Amazon.

Note: The music has a samba rhythm and uses therefore a-counts (1 e & a 2) throughout parts of the dance. Instead of a-counts one can teach with only &-counts, but delay the execution of the &-counts to get the samba-rhythm where appropriate.

Intro: 32 counts. Start on vocals. No Tags or Restarts.

### Section 1: R Cross-Step-Heel, L Cross-Step-Heel, Step, Touch, Step, Heel, 1/8 Turn-FW L Step-Lock-Step

1 a	Cross right foot over left foot and step left foot to left side
2 &	Touch right heel diagonally to right side and step right foot back
3 a	Cross left foot over right foot and step right foot to right side
4 &	Touch left heel diagonally to left side and step left foot down
5 a	Touch ball of right foot in place and step right foot down
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6 Touch left heel diagonally to left side (in place)

7 a Turn 1/8 to your left (9:00) stepping left foot forward and lock right foot behind left foot

8 Step left foot forward

## Section 2: FW Cross samba x 2, 1/4 Turn paddle x 2, R Rock FW, R Rock B

2 Recover weight onto right foot

3 a Cross left foot over right foot and rock ball of right foot out to right side

4 Recover weight onto left foot

5 Step right foot forward and paddle turn a quarter to your left
6 Step right foot forward and paddle turn a quarter to your left
7 & Step (rock) right foot forward and recover weight onto left foot
8 & Step (rock) right foot back and recover weight onto left foot

# Section 3: FW Walk x 2, FW R Step-Lock-Step, L Cross- 1/4 Turn-Step, R Cross rock FW, R Diag Rock B

1	Step right foot forward
2	Step left foot forward

3 a Step right foot forward and lock left foot behind right foot

4 Step right foot forward

5 a Cross left foot over right foot and turn a ¼ to your left (12:00) and step right foot back

6 Step left foot forward

7 & Cross (rock) right over left foot and recover weight onto left foot 8 & Step (rock) right foot diagonally back and recover weight onto left foot

# Section 4: R Cross, L Side rock, Recover, Sailor 1/4 Turn-Touch, Hold, Step, FW Low kick x 2

1 Cross right foot over left foot 2 Step (rock) left foot to left side 3 Recover weight onto right foot

4 a Quarter turn to your left (9:00) sweeping left foot behind right foot and step down then step right

foot next to left foot

5 Touch left toes in front

6 & Hold and step left foot beside right foot

7 & Low kick right foot forward and step right foot next to left foot 8 & Low kick left foot forward and step left foot next to right foot

#### Start again and enjoy!

End: Dance as normal till the music ends.

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