Hope You Dance

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Music: "I Hope You Dance" by Lee Ann Womack (Single) or **CD:** "I Hope You Dance". **76 bpm NOTE:** If using the album version or original radio mix, a re-start will be necessary to phrase correctly.

Any other song of a similar tempo and feel.

Description: 32 count, Night-Club 2-step style, 2-wall, Intermediate level dance.

Begin: On vocals (32 counts)

& CROSS & BEHIND, 1/4 STEP, 1/2 PIVOT, RIGHT-LOCK-STEP, TRIPLE FULL TURN

&1&2 Step slightly back on left, Cross step right over left, Step left to side, Step right behind left

&3,4
Step left to side with 1/4 turn left, Step forward on right, Pivot 1/2 left
5&6
Step forward on right, Lock-step left behind right, Step forward on right
Full turn right stepping L, R, L (Easy option: left-lock-left forward)

ROCK, RECOVER, CROSS, TOUCH-TURN-STEP, SWIVEL, SWIVEL, SIDE SHUFFLE

9&10 Rock right to side, Recover weight onto left, Cross step right over left

11&12 Touch left to side, Pivot 1/4 turn right, Step forward on left

Swivel (pivot with feeling) 1/2 turn right, Swivel (pivot with feeling) 1/2 turn left

15&16 Step right to side, Step left next to right, Step right to side ***

BACK-ROCK-DRAG, CROSS-TURN-DRAG, BACK-ROCK-DRAG, CROSS-TURN-DRAG

17&18 Rock back on left, Recover weight onto right, Large step left on left – dragging right towards

left

19& Cross step right over left, Step back on left 1/4 turn right,
20 Large step right on right – dragging left to meet right

21&22 Rock back on left, Recover weight onto right, Large step left on left - dragging right towards left

Cross step right over left, Step back on left 1/4 turn right,
Large step right on right – dragging left towards right

Note: The above steps should be danced smoothly and flowing with the large steps almost sliding.

SAILOR STEP & SAILOR STEP, PIVOT, STEP, SWAY & SWAY, ROCK

25&26 Cross step left behind right, Step right to side, Step left in place

&27&28 Cross step right behind left, Step left to side, Step right in place, Step forward on left

Pivot 1/2 right

30&31 Step left to side and sway hips left, Sway hips right, Sway hips left

32 Sway (rock) hips right (weight ends on right)

Begin again.

***Restart when dancing to "I Hope You Dance" Original Radio mix or Album version by LeAnn Womack. You will dance the 3rd wall up until count 16 (side shuffle) at which point begin the dance again on the "&" count by stepping slightly back on the left.