## You Know Me

Count: 48 Wall: 2 Level: Advanced

Choreographer: Niels Poulsen (Denmark) April 2010

Music: You know me by Robbie Williams. 4.21 mins (album version). 72 bpm.

Note: The music has a 6/8 timing to which you would normally do a Viennese waltz. However, I've choreographed this dance following rolling counts i.e., '1, 2&a3, 4&a5, ...' etc. Listen to the music and try to count it with my counts. It does make sense. Good luck. ;-))

Extra note: Thanks to Maria Maag for her support and to Tom Araujo for his patience! ;-)

2 restarts: After 40 counts on wall 2 and 4 - facing 12:00 each time.

Intro: 16 counts from first beat in music (app. 14 seconds into track). Start with weight on L foot

# (1 – 9) Lift L, back back full turn, behind side cross, kick, cross shuffle, side rock, weave1Step fw on R swinging L leg fw (1) 12:002&a3Step back on L (2), step back on R (&), turn ½ L stepping fw on L (a), turn ½ L stepping back on R sweepingL out to L side (3) 12:004&a5&Cross L behind R (4), step R to R side (&), cross L over R (a), kick R low fw (5), hitch R (&) 12:006&a7Cross R over L (6), step L to L side (&), cross R over L (a), rock L to L side (7) 12:008&a1Recover on R (&), cross L over R (&), step R to R side (a), touch L behind R (1) – weight on R 12:00

(10 - 17) Unwind, weave, unwind, cross rock ¼ sweep, cross side rock cross X 2, fw Lift R&2&a3Unwind ½ L (&), change weight to L, (2), cross R over L (&), step L to L side (a), touch R behind L (3) 6:00&4&a5Unwind ½ R (&), change weight to R (4), cross rock L over R (&), recover back on R (a), turn ¼ L stepping fwon L and sweeping R fw (5) 9:00Cross R over L (6), rock L to L side (&), recover on R (a), cross L over R sweeping R to R side (7) 9:00&&a1Cross R over L (8), rock L to L side (&), recover on R (a), cross L over R lifting R leg fw (1) - note: whendoing the cross and Lift with R leg your body will automatically turn towards 10:30 10:30

#### (18 – 25) Back rock, recover sweep, weave, side rock, 1 ¼ turn R, fw L, ¼ R, walk L R, rock L

 2 - 3
 Rock back on R (2), recover on L sweeping R fw and squaring up to 9:00 turning 1/8 L on L (3) 9:00

 4&a5
 Cross R over L (4), step L to L side (&), cross R behind L (a), rock L to L side prepping body L (5) 9:00

 6&a7
 Turn ¼ R stepping fw on R (6), turn ½ R stepping back on L (&), turn ½ R stepping fw on R (a), step fw on L (7) (try to make the transition from stepping L fw (7) to your ¼ R on count 8 very slow)

 Non-turny option for counts 6&a: replace 1¼ R with shuffle ¼ R 12:00

 8&a1
 Turn ¼ R stepping onto R (8), run fw towards 4:30 on L (&), run fw R (a), rock fw L (1) 4:30

#### (26 – 33) Back back full turn, behind side cross, sway L R L, chasse 1/4 R, fw L with R hitch

2&a3	Recover back on R (2), step back on L (&), turn ½ R stepping fw on R (a), turn ½ R stepping back on L	
sweeping R f	to R side (3) 4:30	
4&a	Cross R behind L (4), step L to L side squaring up to 3:00 (&), cross R over L (a) 3:00	
5 – 7	Step L to L side swaving body L (5), recover R with R swav (6), recover L with L swav (7) 3:00	

5 - 7Step L to L side swaying body L (5), recover R with R sway (6), recover L with L sway (7) 3:008&a1Step R to R side (8), step L next to R (&), turn ¼ R stepping R fw (a), step L fw hitching R knee (1) 6:00

Such that S(a) and S(a) and

#### (34 – 40) Back rock, sweep, cross full turn, side rock, cross shuffle & rock, back R, rock L

2 – 3 Rock back on R (2), recover onto L sweeping R fw (3) 6:00

4&a5 Cross R over L (4), turn ¼ R stepping back on L (&), turn ½ R stepping fw on R (a), turn ¼ R rocking L to L side (5) (Non-turny option: cross shuffle & side rock L) 6:00

6&a7 Recover on R (6), cross L over R (&), step R to R side (a), cross rock L over R (7) – note: when doing the cross shuffle your body will automatically turn towards 7:30. 7:30

8&a Recover on R (8), rock back on L squaring up to 6:00 (&), recover onto R (a) \* restart here on wall 2 and 4 (facing 12:00 each time) 6:00

### (41 – 48) $\frac{1}{2}$ R sweep, back tap step, $\frac{1}{4}$ L with R side step, behind turn step, hitch R, back turn step, full L spiral turn, L mambo step

1	Turn ½ R stepping back on L sweeping R out to R side fw (1) 12:00
2&a3	Step back on R (2), tap L in front of R (&), step fw on L (a), turn ¼ L stepping R to R side (3) 9:00
4&a5	Cross L behind R (4), turn 1/8 R stepping R fw towards 10:30 (&), step L fw (a), hitch R knee (5) 10:30
6&a7	Step back on R (6), turn 3/8 L stepping fw on L (&), step R fw (a), make a full L spiral turn on R (7) 6:00
8&a	Rock fw on L (8), recover onto R foot (&), step L next to R (a) 6:00

#### Start again

Option! On wall 5, starting at 12:00, there are some extra and heavy beats in the music from counts 14-17.

# To hit these beats change the two 'cross side rock sweep' to three 'cross & side rocks':(14 – 17) Cross, L side rock, cross, R side rock, cross, L side rock, cross with point/lift6&aCross R over L (6), rock L to L side (&), recover on R (a) 9:007&aCross L over R (7), rock R to R side (&), recover on L (a) 9:008&a1Cross R over L (8), rock L to L side (&), recover on R (a), cross L over R lifting R leg fw (1) 10:30

Ending On your 6th wall music starts fading out at count 34-40. Your ending will be on count 41 (facing 6:00). When doing the  $\frac{1}{2}$  R on count 41 you add an extra  $\frac{1}{2}$  turn R sweeping R fw to face 12:00 12:00

niels@love-to-dance.dk - www.love-to-dance.dk