onesome

Count: 32 Wall: 4 Level: Beginner / Intermediate - 2S

Choreographer: Niels Poulsen (Denmark) March 2012

Music: You're Gonna Make Me Lonesome When You Go by Miley Cyrus (96/192 bpm)

Intro: 16 counts from first beat in music (app. 10 secs into track). Start with weight on L foot

[1 - 8] Rock R fw, shuffle ½ R, rock L fw, triple ¾ cross L

1 - 2Rock fw on R (1), recover weight back on L (2) 12:00

3&4 Turn ¼ R stepping R to R side (3), step L next to R (&), turn ¼ R stepping fw on R (4) 6:00

5 - 6Rock fw on L (5), recover weight back on R (6) 6:00

7&8 Turn ½ L stepping fw on L (7), step R next to L (&), turn ¼ L on R crossing L over R (8) 9:00

[9 - 16] R side rock, behind side cross, L side rock, 1/4 L into L coaster step

Rock R to R side (1), recover weight on L (2) 9:00 1 - 2

Cross R behind L (3), step L to L side (&), cross R over L (4) 9:00 3&4

5 - 6Rock L to L side (5), recover weight on R (6) 9:00

7&8 Turn ¼ L stepping back on L (7), step R next to L (&), step fw on L (8) * Restart here 6:00

[17 - 24] Rock R fw, R back lock step, L full turn, L coaster step

Rock fw on R (1), recover weight back on L (2) 6:00

Step back on R opening body slightly to R side (3), lock L over R (&), step back on R (4) 3&4

Note that body should still be turned slightly to R side to help prepare your next turn... 6:00

5 - 6Turn ½ L stepping fw on L (5), turn ½ L stepping back on R (6) 6:00 Step back on L (7), step R next to L (&), step fw on L (8) 6:00 7&8

[25 - 32] Touch & heel & X 2, Monterey 1/4 R, step fw L

Touch R toes next to L (1), step slightly back on R (&), touch L heel fw (2), step down on L (&) - note that 1&2&

you'll be travelling slightly forward during these steps 6:00

Touch R toes next to L (3), step slightly back on R (&), touch L heel fw (4), step down on L (&) - note that 3&4&

you'll be travelling slightly forward during these steps 6:00

Point R to R side (5), turn 1/4 R on L stepping R next to L (6) 9:00 5 - 6

Point L to L side (7), step fw on L (8) 9:00 7 - 8

BEGIN AGAIN and... ENJOY!

Restart: On wall 3, after 16 counts, facing 12:00

Tag: After wall 5 (facing 6:00) and wall 7 (facing 12:00) you have 4 extra beats in the music. Add a R rocking chair: Rock fw on R (1), recover back on L (2), rock back on R (3), recover fw on L (4)

Ending: You will automatically finish at 12:00!

Do the first 16 counts of wall 10, which starts facing 6:00.

After count 16 you'll finish nicely to the front. 12:00

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