Whiskey For My Nerves

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Frank Heelan (Ireland) July 2019

Music: Shot of Glory (Diesel Turbo Remix) by The Washboard Union - 3mins 30secs.

Sec.1: Left lock step, side rock cross, ball cross, side rock recover, behind side turn.

1&2 Step forward left, lock right behind, forward left.
3&4 Rock right to right, recover to left, cross right over left.

Step on ball of left, cross right over left.Rock left to left, recover to right.

6-7 Rock left to left, recover to right.

8&1 Step left behind, right to right, Turn ¼ right stepping forward left. (3.00)

Sec 2: Right kick ball step, side rock back, sailor ½ turn, shuffle ½ turn.

2&3 Kick right forward, step down on ball of right, forward left.4&5 Rock right to right, recover to left, step right behind.

Sweep left around turning ½ left, recover to right, step left to left.

8&1 Turn ¼ left stepping right to right, left together, turn ¼ left step back right. (3.00)

Sec 3: Rock recover step, Monterey ½ turn. point, turn, point. Cross shuffle.

2&3 Rock back on left, recover to right, step forward left.

4&5& Point right, to right side, turn ½ right stepping right next to left, point left to left side, step left next to right.

6&7 Point right to side, turn ¼ right, stepping right next to left, point left to left. 8&1 Cross left over right, step right to right, cross left over right. (12.00)

Sec 4: Side rock cross, chasse 1/4 turn, chasse 1/2 turn, side rock recover.

2&3 Rock right to right, recover to left, cross right over left.

4&5 Step left to left, right together, turn ½ right step back on left. (3.00)

6&7 Turn ¼ right stepping right to right, left together, turn ¼ right step forward right.

8& Rock left to left side, recover to right. (9.00)

Restart and step change on wall 4 dance the first 15 counts step forward right on count 8 and Restart facing 12.00. The same on wall 6 and Restart facing 6.00

Contact: heelanjohnl@gmail.com