

Life Is Worth Living

Choreographers: Daniel Trepap (NL), Fred Whitehouse (IRE), Darren Bailey (Wales) & Roy Verdonk (NL)
May. 2019

Type of dance: 32 Count, 2 wall line dance
Level: Intermediate
Music: "Life Is Worth Living" by Rachel Talbott
Intro: 0 counts (app. 1 sec into track)

Starting position: When music start be already on count 1 of the dance with weight on L so you can start R forward on 2

Counts	Footwork	End facing
1 – 8	Step fwd, ½ turn L Chase turn, Rockstep, Cross, Rock with 1/8 turn L, Arm Movement, Cross, 3/8 turn, Step back	
1 – 2&3	Step L forward (1), Step R forward (2), ½ turn L stepping L forward (&), Step R forward (3)	6:00
4&5	Rock R to R side (4), Recover on L (&), Cross R over L (5)	6:00
6 – 7	Rock L to L side (Start raising both hands fwd) (6), Recover on R while turning 1/8 turn L (Finish Arms movement) (7)	4:30
8&	Cross L over R (8), 3/8 turn R stepping R back (&)	9:00
9 – 16	¼ turn R, Step R with modified Hitch, Cross Rock, Recover with Sweep, Sailor ¼ turn L, ½ turn R, ½ turn L, Arm Movement	
1 – 3	¼ turn R stepping R to R side and hitching L knee in counter clockwise circle (1), Cross rock L over R & bend both knees (2), Recover on R while sweeping L back (3)	12:00
4&5	¼ turn L crossing L behind R (4), Step R to R side (&), Step L forward (5)	9:00
6 – 8&	Recover weight on R while turning ½ turn R (6), Recover weight on L while turning ½ turn L (raise both arms up) (7), Pull R arm in (8) Pull L arm in (&)	9:00
17 – 24	½ Diamond Fallaway, Lunge, 3/8 turn L, Sweep fwd, Cross, Side	
1 – 2&	Step R to R side (1), 1/8 turn L stepping L back (2), Step R back (&)	7:30
3 – 4&	1/8 turn L stepping L to L side (3), 1/8 turn L stepping R fwd (4), Step L fwd (&)	4:30
5 – 6	Step R fwd (Start lunge) (5), Finish Lunge (weight still on R) (6) *add* R arm reach to R diagonal during counts 5,6	4:30
7 – 8&	3/8 turn L stepping L fwd & sweeping R fwd (7), Cross R over L (8), Step L to L side (&)	12:00
25 – 32	Cross, Sweep back, Cross, Side, Cross Rock, Side Cross, Side, ¼ turn, Side, Walk L R	
1 – 2&	Cross R behind & sweep L back (1), Cross L behind R (2), Step R to R side (&)	12:00
3 – 4&	Cross L over R (3), Recover on R (4), Step L to L side (&),	12:00
5 – 6&	Cross R over L (5), Step L to L side (6), ¼ turn R stepping R to R side (&)	3:00
7 – 8	Step L fwd (7), Step R fwd (8)	3:00
Happy Face & Start Again!		