## TriumF!

Count: 64
Wall: 2
Level: Intermediate - Pop/Funky
Choreographer: Jannie Tofte Andersen \& Kirsten Matthiessen (DK) Aug 2013
Music: 'TriumF' by Outlandish ft. Providers. (iTunes)

Intro: $\mathbf{3 2}$ count intro - on first main beat (app. 18 sec. into track) -
Option: start the dance with the last sailor step on $8 \&$ side step 1.
2 Restarts: 1st on wall 2 after 32 counts facing 12:00. 2nd on wall 5 after 32 counts facing 06:00.

| [1-8] Side rock, Ball side rock, Ball rocking Chair, Walk x2 |  |
| :---: | :---: |
| 1-2 | Rock L to L side, recover onto R 12:00 |
| \&3-4 | Step L next to R, rock $R$ to $R$ side, recover onto L 12:00 |
| \&5\&6\& | Step $R$ next to $L$, rock L fw, recover onto R, rock L back, recover onto R 12:00 |
| 7-8 | Walk fw L R 12:00 |
| [9-16] Rock step, Ball cross, $1 / 4$ R, Side switches, Step slide collect |  |
| 1-2 | Rock L fw, recover onto R 12:00 |
| \& 3 \& 4 | Step $L$ next to $R$, cross $R$ over $L$, turn $1 / 4 R$ stepping $L$ back 03:00 |
| 5\&6\& | Point $R$ to $R$ side, step $R$ next to $L$, point $L$ to $L$ side, step $L$ next to $R$ 03:00 |
| 7-8 | Big step to $R$ side, slide $L$ next to $R$ stepping down on L 03:00 |

[17-24] Bounce back x2, Coaster step, Walk x2
1\&2 Step $R$ back bending $R$ knee, and popping $L$ knee fw, straighten legs, repeat bend/pop 03:00
3\&4 Step $L$ back bending $L$ knee, and popping $R$ knee fw, straighten legs, repeat bend/pop 03:00
5\&6 Step R back, step L next to R, step R fw 03:00
7-8 Walk L, walk R 03:00
[25-32] Step $1 / 4$ R, Cross point, Slow sailor step, Sailor Step
1-2 Step $L$ fw, turn $1 / 4$ R stepping onto $R$ 06:00
3-4 Cross $L$ over $R$, point $R$ to $R$ side 06:00
5-7 Cross $R$ behind $L$, step $L$ to $L$ side, step $R$ to $R$ side 06:00
8\&1 Cross $L$ behind $R$, step $R$ to $R$ side, step $L$ to $L$ side (count 1 is the first step of a jazz box)
Restart here! The last step of your sailor step is the first step of your side rock 06:00
[33-40] Jazz box $1 / 4$ R, Cross rock, $1 / 4$ L, $1 / 2$ L
2-3 Cross $R$ over $L$, turn $1 / 4$ stepping $L$ back 09:00
$4 \quad$ Step $R$ to $R$ side 09:00
5-6 Cross $L$ over $R$, recover onto $R$ 09:00
7-8 Turn $1 / 4 L$ stepping $L$ fw, turn $1 / 2 L$ stepping $R$ back 12:00
[41-48] $1 / 4 \mathrm{~L}$ slide, Ball cross shuffle, $1 / 4 \mathrm{~L}, 1 / 2 \mathrm{~L}$, Shuffle fw
1-2 Turn $1 / 4 L$ stepping $L$ to $L$ side, slide $R$ towards L 09:00
\&3\&4 Step $R$ next to $L$, cross $L$ over $R$, step $R$ slightly to $R$ side, cross $L$ over $R$ 09:00
5-6 Turn $1 / 4 L$ stepping $R$ back, turn $1 / 2 L$ stepping $L$ fw 12:00
7\&8 Step R fw, step L next to R, step R fw 12:00
[49-56] Kick and back rock, Walk x2, Repeat
1\&2\& Kick L fw, step down on L, rock R back, recover onto L 12:00
3-4 Walk fw R L 12:00
5\&6\& Kick $R$ fw, step down on $R$, rock $L$ back, recover onto $R$ 12:00
7-8 Walk fw L R 12:00
[57-64] Step $1 / 4$ R, Cross, $1 / 4$ L, $1 / 2$ L, Side Switches, Sailor step
1-3 Step $L$ fw, turn $1 / 4$ R stepping onto $R$, cross $L$ over R 03:00
4-5 Turn $1 / 4 L$, stepping $R$ back, turn $1 / 2 L$ stepping $L$ fw 06:00
6\&7 Point $R$ to $R$ side, Step $R$ next to $L$, point $L$ to $L$ side 06:00
8\&1 Cross $L$ behind $R$, step $R$ to $R$ side, step $L$ to $L$ side (count 1 is the beginning of the dance) 06:00
Contacts: jannietofte@gmail.com AND kirsten4700@hotmail.com

