## **Rock The Beat**

Choreographer: Nathan Gardiner (Scotland) June 2018 Level: Intermediate Wall: 4 Count: 32 Music: 21<sup>st</sup> Century Girl by Willow Intro: 16 counts

Walk Forward R & L, R Lock Step, Rock Forward, Recover, Full Turn L 1-2 Step forward on R, Step forward on L 3&4 Step forward on R, Lock L behind R, Step forward on R 5-6 Rock forward on L, Recover on R 7-8 ½ L stepping forward on L, ½ L stepping back on R

Sailor Step L & R, Behind, ¼ R, Step Pivot ¾ R 1&2 Step L behind R, Step R to R side, Step L to L side 3&4 Step R behind R, Step L to L side, Step R to R side 5-6 Step L behind R, ¼ R stepping forward on R 7-8 Step forward on L, Pivot ¾ R

Side L, Together, Forward, R Lock Step, Rock Forward, Recover, Coaster Cross 1-2-3 Step L to L side, Step R next to L, Step forward on L 4&5 Step forward on R, Lock L behind R, Step forward on R 6-7 Rock forward on L, Recover on R 8&1 Step back on L, Step R next to L, Cross L over R

Monterey ½ R, Monterey ¼ L, Step Pivot ½ L, Point 2-3 Point R to R side, ½ R stepping R next to L 4-5 Point L to L side, ¼ L stepping L next to R 6-7 Step forward on R, Pivot ½ L 8 Point R to R side

Tag: End of wall 1 Cross, Point, Cross, Point, Jazz Box Cross 1-2 Cross R over L, Point L to L side 3-4 Cross L over R, Point R to R side 5-6 Cross R over L, Step back on L 7-8 Step R to R side, Cross L over R

Point, Cross, Point, Cross, Sway R, L, R, L
1-2 Point R to R side, Cross R over L
3-4 Point L to L side, Cross L over R
5-6 Step R to R side swaying hips to R side, Sway hips to L side
7-8 Sway hips to R side, Sway hips to L side

Contact: <a href="mailto:nathan.gardiner1998@hotmail.co.uk">nathan.gardiner1998@hotmail.co.uk</a>