So I do it solo

Count: 96 **Wall**: 4 **Level**: Phrased Beginner+ **Choreographer**: Angéline (Angel'Line) (FR – 27 July 2018)

Music: Solo by Clean Bandit & Demi Lovato - 1 Restart

Start: 16 counts

Sequence: A-B-A(32)-A-B-A-B-A

Part A (64)

1-8: Step, Together Mambo, Step, Together Mambo

1-2 RF to R side, LF next to RF

3&4 RF to R side, Recover to LF, RF next to LF

5-6 LF to L side, RF next to LF

7&8 LF to L side, Recover to RF, LF next to RF

9-16: Step, Touch, Step, Touch, Step, Touch, Step, Touch,

1-2 RF back on R diagonal, Touch LF next to RF

3-4 LF back on L diagonal, Touch RF next to LF

5-6 RF FW on R diagonal, Touch LF next to RF

7-8 LF FW on L diagonal, Touch RF next to LF

17-24: Step, Together Mambo, Step, Together Mambo

1-2 RF to R side, LF next to RF

3&4 RF to R side, Recover to LF, RF next to LF

5-6 LF to L side, RF next to LF

7&8 LF to L side, Recover to RF, LF next to RF

25-32 : Step, Touch, Step, Touch, Step, Touch, Step Turn 1/4 R

1-2 RF back on R diagonal, Touch LF next to RF

3-4 LF back on L diagonal, Touch RF next to LF

5-6 RF FW on R diagonal, Touch LF next to RF

7-8 LF FW, Make ¼ R (weigh is on RF) * Restart (Make R Touch, don't make ¼ R)

33-40: Heel, Touch, Heel, Heel, Together, Heel, Touch, Heel, Heel, Together 1/4 R

1-2 L Heel FW, Touch LF next to RF

3&4 L Heel FW, L Heel FW, LF next to RF

5-6 R Heel FW, Touch RF next to LF

7&8 R Heel FW, R Heel FW, RF next to LF

41-48: Step Turn ½ R, Walk, Walk, Step, Point, Step, Point

1-2 LF FW, Turn 1/2 R (weigh is on RF)

3-4 LF FW, RF FW

5-6 LF to L side, Point RF back

7-8 RF to R side, Point LF back

49-56: Heel, Touch, Heel, Heel, Together, Heel, Touch, Heel, Heel, Together 1/4 R

1-2 L Heel FW, Touch LF next to RF

3&4 L Heel FW, L Heel FW, LF next to RF

5-6 R Heel FW, Touch RF next to LF

7&8 R Heel FW, R Heel FW, RF next to LF

57-64: Step Turn ½ R, Walk, Walk, Step, Point, Step, Point

1-2 LF FW, Turn 1/2 R (weigh is on RF)

3-4 LF FW, RF FW

5-6 LF to L side, Point RF back

7-8 RF to R side, Point LF back

Part B (32)

1-8: Step FW, Step FW, Knee Pop, Coaster Step, Step FW, Step FW, Knee Pop, Coaster Step

1&2 LF FW, RF FW, Knee Pop

3&4 RF back, LF next to RF, RF FW

5&6 Step LF FW, RF FW, Knee Pop (weight is on LF)

7&8 RF back, LF next to RF, RF FW

9-16: Kick Ball, Point, Kick Ball, Point, Cross, Back 1/4 L, Chassé L

1&2 Kick LF FW, LF next to RF, Point RF to R side

3&4 Kick RF FW, RF next to LF, Point LF to L side

5-6 Cross LF over RF, Make 1/4 L with RF back

7&8 Chassé L (LF to L side, RF next to LF, LF to L side)

17-24 : Step FW, Step on Place, Knee Pop, Coaster Step, Step FW, Step FW, Knee Pop, Coaster Step

1&2 RF FW, Step LF on place, Knee Pop

3&4 RF back, LF next to RF, RF FW

5&6 LF FW, RF FW, Knee Pop (weight is on LF)

7&8 RF back, LF next to RF, RF FW

25-32 : Kick Ball, Point, Kick Ball, Point, Cross, Back 1/4 L, Chassé L

1&2 Kick LF FW, LF next to RF, Point RF to R side

3&4 Kick RF FW, RF next to LF, Point LF to L side

5-6 Cross LF over RF, Make 1/4 L with RF back

7&8 Chassé L (LF to L side, RF next to LF, LF to L side)

NOTA:

RF = Right Foot, LF = Left Foot, FW = Forward

Smile and enjoy the dance

Contact: maellynedance@gmail.com