# **Aviemore**

Count: 32 Wall: 4 Level: Improver

Choreographer: Sandra Speck (UK) - May 2014

Music: Aviemore - Paul Bailey

#### Music available from paulbaileymusic.co.uk

#### 32 Count intro

# WALK FORWARD RIGHT, LEFT, WALK FORWARD RIGHT, LEFT, RIGHT, JAZZ BOX 1/4 TURN CROSS

1 – 2	Walk forward on right foot, walk forward on left foot
3 & 4	Walk forward on right, left, right (bending knees slightly)
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5 – 6 Cross left foot over right, step back on right

7 – 8 Turn ¼ left stepping left foot to side, cross right foot over left (facing 9 o'clock)

# SIDE TOGETHER, LEFT CHASSE, CROSS ROCK, RIGHT CHASSE 1/4 TURN

1 – 2	Step left foot to side, close right foot next to left
3& 4	Step left to side, close right foot next to left, step left to left side
5 – 6	Cross rock right foot over left, recover on to left
7 0 0	

7 &8 Step right foot to side, close left foot next to right, make ¼ turn right stepping forward on right (12

o'clock)

#### TOE HEEL STOMP X 2, ROCKING CHAIR, SCUFF HITCH BACK

1&2	Touch left toe next to right, touch left heel next to right, stomp left foot
3&4	Touch right toe next to left, touch right heel next to left, stomp right foot
5&6&	Rock forward on left foot, recover onto right, rock back on left foot, recover onto right
7&8	Scuff left foot, hitch left knee, step back on left foot

# HIPS R,L,R, HIPS L,R,L, HIPS R,L,R,, SWEEP, SAILOR 1/4 TURN

1&2	Step back on right, body angled to right diagonal, push hips right, left, right (weight on right foot)
3&4	Step back on left foot, body angled to left diagonal, push hips left, right, left (weight on left foot)
5&6	Step back on right, body angled to right diagonal, push hips right, left, right (weight on right foot)
&7&8	Sweep left foot from front to back, step back on left, make 1/4 turn left stepping right to side, step
	left in place

left in place

Ending: As the music comes to an end, you are facing 12 o'clock, on section 4. Replace counts 7&8 with a sailor, and a big finish, Ta dah!

Start again from the beginning.

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