Part Of The List

Count: 32 Wall: 2 Level: Advanced - Rolling 8 style

Choreographer: Malene Jakobsen (Denmark) and Rachael McEnaney-White (UK/USA) March

2016

Music: "Part Of The List" - Ne-Yo (Album: Year Of The Gentleman - iTunes and all major

mp3 websites, approx 4.09mins)

Notes: This dance has been choreographed as a rolling 8, though it could have been done as a Viennese waltz making it a 96 count dance, we chose to count in 8's making it 32.

Count In: 4 counts from start of track, dance begins on vocals Approx 115 bpm

[1 – 8] Full spiral turn R, R fwd sweeping L, L cross sweeping R, R cross, $\frac{1}{4}$ R back L hitching R, $\frac{1}{4}$ R side, L side, R fwd on diagonal, L back, $\frac{1}{2}$ R, L fwd.

1 2 Step forward L making a full spiral turn to right (1), step forward R sweeping L (2) 12.00

3 4 a Cross L over R sweeping R (3), cross R over L (4), make ½ turn right stepping back L as you hitch R knee (a)

3.00

Make 1/ turn right stanning D to right side (clide I, towards D) (5) stan I, to left side (clide D towards I) (6)

5 6 Make ¼ turn right stepping R to right side (slide L towards R) (5), step L to left side (slide R towards L) (6)

6.00

Step forward R towards left diagonal (4.30) (slide L towards R) (7) 4.30

8 & a Step back L (8), make ½ turn right stepping forward R (&), step forward L (a) 10.30

[9-16] R fwd, 1/8 turn R side L, 1/8 turn R back R, L back, 1/8 turn R side R, L cross, R side sway, 1 ½ turn L, R cross, L side rock, L cross, ½ L back R, L back, R back, ½ L fwd L, R fwd

1 & a Step forward R (1), make 1/8 turn right stepping L to left side (&), make 1/8 turn right stepping back R (a)

1 & a Step forward R (1), make 1/8 turn right stepping 1.30

2 & a Step back L (2), make 1/8 turn right stepping R to right side (&), cross L over R (a) 3.00

Take big step R to right side as you sway upper body to right (styling: swing R hand across face/upper body

as if telling someone to 'smile') (3) 3.00

4 a Make 1/4 turn left stepping forward L (4), make 1/2 turn left stepping back R (a), 6.00

5 6 & a Make ½ turn left stepping forward L as you sweep R (5), cross R over L (6), rock L to left side (&), recover

weight R (a) 12.00

7 & a Cross L over R (7), make ¼ turn left stepping back R (&), step back L (a), 9.00 8 & a Step back R (8), make ½ turn left stepping forward L (&), step forward R (a) 3.00

[17 – 24] Walk L-R (with optional arms), L fwd, $\frac{1}{2}$ chase turn R, $\frac{1}{2}$ L back R, $\frac{1}{4}$ L with sway, 1/8 turn R into $\frac{1}{2}$ turn R with L hitch, L back, R back, 1/8 turn L side

Step forward L (styling: swing L arm forward to left diagonal 45 degrees) (1), step forward R (styling: swing r arm forward to right diagonal 45 degrees) (2) 3.00

3 a 4 Step forward L (3), pivot ½ turn right taking weight R (a), step forward L (4) 9.00

a 5 Make ½ turn left stepping back R (a), make ¼ turn left stepping L to left side (styling: sway upper body left swinging R arm down and up across body) (5) 12.00

6 Make 1/8 turn right stepping forward R and continue making another ½ turn right hitching L knee (6) 7.30

7 8 a Step back L (7), step back R (8), make 1/8 turn left stepping L to left side (a) 6.00

[25 – 32] R cross rock, $\frac{1}{4}$ R, rock L fwd rising up on balls of feet, L back, $\frac{1}{2}$ R sweeping L, L cross rock, L side, R cross rock, R side, L cross, R side, L behind, $\frac{1}{4}$ R

1 & a Cross rock R over L (1), recover weight L (&), make 1/4 turn right stepping forward R (a) 9.00

2 Rock forward L rising up onto balls of both feet (2) 9.00
3 a 4 Recover weight to R (3), step back L (a), make ½ turn right stepping forward R sweeping L (4) 3.00

5 & a Cross rock L over R (5), recover weight R (&), step L to left side (a), 3.00

6 & a Cross rock R over L (6), recover weight L (&), step R to right side (a) 3.00

7 a 8 a Cross L over R (7), step R to right side (a), cross L behind R (8), make ¼ turn right stepping forward R (a)

6.00

TAG: Do the following Tag at the end of the 1st wall and 3rd wall. You will be facing the back to begin the Tag.

1234&a Step forward L (1), step forward R (2), step forward L (3), Rock forward R (4), recover L (&), make ½ turn

right stepping forward R (a) 12.00

5678&a REPEAT counts 1 – 4. 6.00

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