

ALONE AND IN LOVE

Choreographer: Kim Liebsch (Denmark)



Type of dance: 48 counts Intro + 32 counts main dance, 2 walls line dance (Oktober 2025)
Level: Easy Intermediate
Music: Alene og In Love by Sofie1998 (2:46)
Intro: Start after 1 second, when the piano starts playing
 Start with weight on L foot
1 Restart: On wall 6 after 16 counts (*12:00)
 (Contact: kimliebsch on Instagram or liebsch@ymail.com)

Counts	Footwork	End facing
Intro		
1 section	Back sweep X 2, back rock, ball step step, rock recover ball	
1-2	Step back on R while sweeping L, step back on L while sweeping R	12:00
3-4	Rock back on R, recover on L	12:00
&5-6	Ball step R next to L, step fw. on L, step fw. on R	12:00
7-8&	Step fw. on L, recover on R, ball step L next to R	12:00
2 section	Back rock, step ½ turn, walk walk, 2 X step ½ turn, touch	
1-2	Rock back on R, recover on L	12:00
&3	Step fw. on R, make ½ turn L stepping fw. on L	6:00
4-5	Walk fw. R, walk fw. L	6:00
6&7&8	Step fw. on R, make ½ turn L step fw. on L, Step fw. on R, make ½ turn L step fw. on L, touch R next to L	6:00
	Repeat section 1+2, start facing 6:00	
5 section	Cross point with snap X2, back point with snap X 2	
1-2	Cross R over L, point L to L side, snap with both hands	12:00
3-4	Cross L over R, point R to R side, snap with both hands	12:00
5-6	Cross R behind L, point L to L side, snap with both hands	12:00
7-8	Cross L behind R, point R to R side, snap with both hands	12:00
6 section	2 X samba step, step fw. bounce ½ turn	
1&2	Cross R over L, step L to L side, recover on R	12:00
3&4	Cross L over R, step R to R side, recover on L	12:00
5-6	Step fw. on R, bounce ¼ turn L	9:00
7-8	Bounce ¼ turn L, weight ends on L	6:00
Counts Main dance	Starts facing 6:00	
1 section	Walk walk, shuffle fw. rock recover, shuffle back	
1-2	Walk fw. R-L	6:00
3&4	Step fw. on R, step L next to R, step fw. on R	6:00
5-6	Rock fw. on L, recover on R	6:00
7&8	Step back on L, step R next to L, step back on L	6:00
2 section	2 X toe strut back, back rock, kick out out	
1-2	Step R toe back, drop R heel	6:00
3-4	Step L toe back, drop L heel	6:00
5-6	Rock back on R, recover on L	6:00
7&8	Kick R fw. step out R, step out L (*12:00)	6:00
3 section	Shuffle fw. step ¼ turn, cross shuffle, 2 X ¼ turn	
1&2	Step fw. on R, step L next to R, step fw. on R	6:00
3-4	Step fw. on L, make ¼ turn R stepping R to R side	9:00
5&6	Cross L over R, step L to L side, cross L over R	9:00
7-8	Make ¼ turn stepping back on R, make ¼ turn L stepping L to L side	3:00
4 section	½ turn hold, side hold, 3 X sway, ¼ turn	
1-2	Make ½ turn L stepping R to R side, hold	9:00
3-4	Step L to L side, hold	6:00
5-6	Sway R, sway L	6:00
7-8	Sway R, make ¼ turn R putting weight on L	12:00

GOOD LUCK & N'JOY