

I'm Gonna Run To You

Count: 32

Wall: 4

Level: High Improver

Choreographer: Conor McVeigh and Gary Samms (March 2018)

Music: Run to You by Bryan Adams (Album: Best of Me) 3:52 - iTunes

Introduction: 32 counts from beginning of track (approx 15 seconds into the track)

Section 1: Rock out right left, rock back recover, Right shuffle forward, pivot ¼ right

1, 2 : Rock right, rock left
3, 4 : Rock back on right, recover weight onto left.
5&6 : Step forward right, close left next to right, step forward on the right.
7, 8 : Step forward left, pivot ¼ right. (3 0'Clock)

Section 2: Cross shuffle, hinge ½ left, cross rock, jump back, and heel dig

1&2 : Cross left over right, step right to right side, cross left over right.
3, 4 : Make ¼ left stepping back right, make ¼ left stepping left to left side.
5, 6 : Cross rock right over left, recover weight onto left.
&7, 8 : Jump back right, left, dig left heel forward. (9 0'Clock)

**** Restart 1: Here during Wall 4****

Section 3: Tog., Rock forward, recover, half turn shuffle x2, right coaster step

&, 1, 2 : Step on ball of left, Rock forward right, recover weight onto left.
3&4 : Half turn Right shuffle stepping forward right, left, right.
5&6 : Half turn Right shuffle stepping forward left, right, left.
7&8 : Step back right, step left next to right, step forward right. (9 0'Clock)

**** Step change and Restart 2. Here during Wall 10: Instead of the coaster step, do a slow rock back on the right and recover onto left.**

Then Restart the dance**

Section 4: Run forward, Forward Rock, Shuffle ½, Forward touch

1&2 : Run forward left, right, left. (Shuffle left, right, left as an alternative).
3-4 : Rock forward on right, recover weight onto left.
5&6 : Half turn right shuffle stepping forward right, left, right.
7-8 : Step forward left, touch right next to left. (3 0'Clock)

Restart 1: During Wall 4 after 16 counts (facing 6 0'Clock)

Restart 2: During Wall 10 after 24 counts (facing 6 0'Clock)

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