Mira Sofia

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Carrie Ann Green (ES) & Suzi Beau (ENG) - May 2016

Music: Sofia - Álvaro Soler

#16 Count Intro *2 EASY Tags, 2 Restarts

SECTION 1: SIDE ROCK R, CROSS SHUFFLE, STEP L, TOUCH R, KICK BALL CROSS.

- 1,2 Rock R to R side, Recover onto L
- 3&4 Cross R over L, Step L to L side, Cross R over L
- 5,6 Step L to L side, Touch R next to L
- 7&8 Kick R forward (to R diagonal), Step R next to L, Cross L over R

SECTION 2: TURN 1/4 LEFT, TURN 1/2 LEFT, BALL STEP, 1/4 R, COASTER CROSS, STEP DRAG R.

- 1,2 Turn ¹/₄ L (9:00) stepping R back (1), Turn ¹/₂ L stepping L forward (3:00) (2)
- &3,4 (&) Step ball of R beside left , Step L Fwd(3) make ¹/₄ turn L, stepping R to R side (12:00)
- 5&6 Step L back, Step R beside L, Cross Step L over R
- 7-8 Long step to R, dragging L, Step L next to R (bring both arms up to right side and clicking fingers left at chest height, Right at head height- Olé)

RESTART HERE ON WALL 3 & 7 - ON COUNT 8 Stepping weight down on L*

SECTION 3: FORWARD ROCK L (1:30) SHUFFLE ½ L (7:30) CROSS SIDE ROCK R, CROSS SIDE ROCK (1/8 to 6:00)

- to 6:00)
- 1,2 Rock forward on L facing diagonal (1:30), Recover on R
- 3&4 Shuffle 1/2 turn L Stepping L fwd, R tog, L forward (7:30)
- 5&6 Cross R over L, Rock onto L Recover R
- 7&8 Cross L over R, Rock onto R, Recover L straightening up to 6:00

SECTION 4: BALL SIDE HOLD BALL POINT & POINT RIGHT JAZZBOX

- &1,2 Step onto ball of R next to L, Step L to Left Side, Hold
- &3&4 Step on to ball of R, Point L to L,Side, Step on ball of L, Point R to R side
- 5,6 Cross R over L, Step back on L
- 7,8 Step R to R side, Step L Forward

SECTION 5: FORWARD ROCK R, SAILOR 1/2 R, FORWARD ROCK L, TRIPLE FULL TURN

- 1,2 Rock forward on R, Recover on L
- 3&4 Cross R behind L. Make a half turn R, stepping L to L side, step Right in place (12:00)
- 5,6 Rock forward on L, recover weight back onto R.
- 7&8 Triple full turn to Left on the spot stepping L-R-L (Left Coaster for easier option) (12:00)

SECTION 6: R SIDE MAMBO, STEP FWD, L SIDE MAMBO, STEP FWD, DIAGONAL STEP BACK X 2

- 1&2 Rock R to R Side, recover on to L, Step R Forward
- 3&4 Rock L to L Side, recover on to R, Step L Forward
- 5&6 Step back on R to R diagonal, touch L to R (Clap Clap Looking over Right shoulder)
- 7&8 Step back on L to L diagonal, touch R to L (Clap Clap Looking over left Shoulder)

SECTION 7: (SYNCOPATED) R BACK ROCK, & L BACK ROCK, SHUFFLE 1/2, 1/4 POINT

- 1,2& Rock back on R, Recover L, Step R next to L
- 3,4 Rock back on L, Recover on R
- 5&6 Shuffle 1/2 turn R, stepping L back, R next to L, back L (6:00)
- 7,8 Turn 1/4 R Stepping R to the side, Point L out to L side (9:00)

SECTION 8: & POINT FLICK CROSS SIDE ROCK CROSS BACK 1/4 L TOUCH

- &1,2 Step on ball of L, Point R out to R side, Flick R up behind R
- 3&4 Cross R over L, Rock L to L side, Recover on R
- 5,6 Cross L slightly over R, Step back R
- 7,8 Turn 1/4 L stepping L to L side, Touch R by L (6:00)

Tag: at the end of walls 1 & 4:

1,2, Bump hips R, L

3,4 Bump hips R, L

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Last Update - 18th May 2016