

Sewe Oseane

Count: 32

Wall: 4

Level: Beginner

Choreographer: Marie Louw (SA) - May 2020

Music: Sewe Oseane by Andriëtte Norman

Intro: 8 counts

RIGHT SIDE ROCK COASTER STEP, LEFT SIDE ROCK COASTER STEP

1 - 2 Rock to right side, recover on left
3&4 Step back on right, step left next to right, step right forward
5 - 6 Rock to left side, recover on right
7&8 Step back on left, step right next to left, step left forward.

STEP RIGHT FORWARD ½ LEFT PIVOT TURN, RIGHT HEEL FORWARD, LEFT HEEL FORWARD, STEP BACK ON LEFT ¼ TURN LEFT STEP TO RIGHT, LEFT HEEL FORWARD, RIGHT HEEL FORWARD

1- 2 Step right forward ½ pivot turn left
3&4 Step right heel forward step right next to left, Step left heel forward
5- 6 Step left back ¼ turn left step right to right side
7&8 Step left heel forward, step left next to right, step right forward

RIGHT SIDE ROCK CROSS SHUFFLE, LEFT SIDE ROCK, CROSS SHUFFLE

1- 2 Rock to right side recover on left
3&4 Cross right over left, step left to side, cross right over left
5 - 6 Rock to left side, recover on right
7 & 8 Cross left over right, step right to side, cross left over right

STEP FORWARD ON RIGHT ½ PIVOT TURN LEFT, SHUFFLE FORWARD, STEP LEFT FORWARD ½ PIVOT TURN RIGHT, SHUFFLE FORWARD.

1- 2 Step forward on right, ½ pivot turn left
3&4 Step right forward, step left next to right, step right forward
5- 6 Step left forward ½ pivot turn right
7&8 Step left forward, step right next to left, step left forward

Start from beginning

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