

Shawty

Choreographer: Nathan Gardiner (Scotland) August 2018

Level: Intermediate

Wall: 4

Count: 64

Music: Low by Flo Rida feat. T Pain

Intro: 32 counts

Sway R, L, R, Ball Side, Sailor Step, Unwind $\frac{1}{2}$ R

1-2 Step R to R side swaying hips to R side, Sway hips to L side

3&4 Sway hips to R side, Step L next to R, Step R to R side

5&6 Step L behind R, Step R to R side, Step L to L side

7-8 Touch R behind L, Unwind $\frac{1}{2}$ R

Walk Forward L & R, L Lock Step, Jazz Box $\frac{1}{4}$ R Cross

1-2 Step forward on L, Step forward on R

3&4 Step forward on L, Lock R behind L, Step forward on L

5-6 Cross R over L, $\frac{1}{8}$ R stepping back on L

7-8 $\frac{1}{8}$ stepping R to R side, Cross L over R

Side R, Rock Back, Recover, Side L, Rock Back, Recover, Toe Switches

1-2 Step R to R side, Rock back on L

3-4 Recover on R, Step L to L side

5-6 Rock back on R, Recover on L

7&8& Touch R toe to R side, Step R next to L, Touch L toe to L side, Step L next to R

Step Pivot $\frac{1}{4}$ L, Step Pivot $\frac{1}{4}$ L, Step Pivot $\frac{1}{8}$ L, Step Pivot $\frac{1}{8}$ L (Roll hips on Pivots)

1-2 Step forward on R, Pivot $\frac{1}{4}$ L rolling hips

3-4 Step forward on R, Pivot $\frac{1}{4}$ L rolling hips

5-6 Step forward on R, Pivot $\frac{1}{8}$ L rolling hips

7-8 Step forward on R, Pivot $\frac{1}{8}$ L rolling hips

Walk Forward R, L, R, L Lock Step, Cross, Side L, $\frac{1}{8}$ R, Behind, $\frac{3}{8}$ R

1-2-3 Step forward on R, Step forward on L, Step forward on R

4&5 Step forward on L, Lock R behind L, Step forward on L

6&7 Cross R over L, Step L to L side, 1/8 R stepping back on R
8& Step L behind R, 3/8 R stepping forward on R

L Lock Step, Scuff, Walk Back with Knee Pops, Rock Back, Recover
1-2 Step forward on L, Lock R behind L
3-4 Step forward on L, Scuff R
5-6 Step back on R popping L knee forward, Step back on L popping R knee forward
7-8 Rock back on R, Recover on L

Toe Switches, Step Forward, ¼ L with Heel Swivels, Step Back, Touch, Press R, Recover with Flick
1&2& Touch R to R side, Step R next to L, Touch L to L side, Step L next to R
3&4 Step forward on R, 1/8 L swivelling L heel to R side, 1/8 L swivelling R heel to R side
5-6 Step back on L (Option: Start body roll from top to bottom), Touch R next to L (finishing body roll)
7-8 Press R slightly to R side, Recover on L flicking R behind L

R Lock Step, L Lock Step, Step Forward, Rock Forward, Recover, Large Step Back with Heel Drag, Touch
1&2& Step forward on R, Lock L behind R, Step forward on R, Step forward on L
3&4 Lock R behind L, Step forward on L, Step forward on R
5-6 Rock forward on L, Recover on R
7-8 Large step back on L dragging R heel, Touch R next to L

Contact: nathan.gardiner1998@hotmail.co.uk