FRENCH TOAST

Frank Trace

Choreographed by Frank Trace 32 count, 4 wall Beginner Line Dance

Music: "Mes Emmerdes" by Charles Aznavour (available as a download on itunes and Amazon. Available on various CD's

Start after 16 counts on the vocal.

Dance should be done smooth and bouncy. Just as if you where walking down the street talking with a good friend:-)

STEP RIGHT, HOLD, ROCK BEHIND, RECOVER, STEP LEFT, HOLD, ROCK BEHIND, RECOVER

- 1-2 Step R to right side, hold
- 3-4 Rock step L back behind R, recover onto R
 (Styling: Turn slightly at a left diagonal as you do the rock back, swing both arm back)
- 5-6 Step L to left side, hold
- 7-8 Rock step R back behind L, recover onto L (Styling: Turn slightly at a right diagonal as you do the rock back, swing both arms back)

WALK, HOLD, WALK, HOLD, ROCK, RECOVER, 1/4 TURN RIGHT

- 1-4 Step R forward, hold, step L forward, Hold
- 5-8 Rock forward on R, recover onto L, turn 1/4 right step R to right, hold

LEFT DIAGONAL: STEP, SLIDE, STEP, HOLD, RIGHT DIAGONAL: STEP, SLIDE, STEP, HOLD

- 1-4 Step L forward at left diagonal, slide R next to L, step L forward at left diagonal, hold (Styling: In a gesturing fashion, swing your L arm out to left side in a smooth move)
- 5-8 Step R forward at right diagonal, slide L next to R, step R forward at right diagonal, hold (Styling: In a gesturing fashion, swing your R arm out to right side in a smooth move)

STEP LEFT DIAGONALLY LEFT, HOLD, STEP RIGHT DIAGONALLY RIGHT, HOLD, COASTER, HOLD

- 1-4 Step L out diagonally forward left, hold, step R out diagonally forward right, hold (Styling: In a gesturing fashion, swing your L arm then your R arm out)
- 5-8 Step L back, step R next to L, step L forward, hold **REPEAT**

ENDING:

As music comes to an end, you will be facing the 12:00 wall. Do the first 12 counts, then brush R forward and cross touch R over L foot and pose :-)