JADE

(My Angel)

4 Wall Line Dance. 32 counts, intermediate level.

Choreographed by: Maggie Gallagher February 2002 Tel: +44 (0)7950 291350 Web Site: www.maggieG.co.uk Email: drowsy.maggie@virgin.net Choreographed to: "Angel" by Gina Jeffreys by Gina Jeffreys CD: "Angel" 92 bpm. Begin: On vocal (8 counts)

1/4 TURN, ROCK, SAILOR CROSS, FORWARD-ROCK, TRIPLE FULL TURN

- 1 Make 1/4 turn left rocking right out to right side swaying hips.
- Note: You are turning to face 9.00 wall, rocking right towards front wall
- 2 Recover weight to left kicking right out to right side.
- 3&4 Cross right behind left, step left to left side, cross right over left.
- 5-6 Rock diagonally forward left on left, recover back onto right.
- 7& Start triple-step full turn left stepping left, right...
- 8 Finish triple full turn crossing left over right.

ROCK-RECOVER, SAILOR CROSS-TURN, BACK-ROCK, 1/4 SIDE, DRAG

- 1-2 Rock diagonally forward right on right. Recover back onto left.
- 3&4 Cross right behind left, step left to left side, cross right over left.
- & Make 1/4 turn right stepping back onto left.
- 5-6 Rock back on right, rock forward onto left.
- 7-8 Make 1/4 turn left, stepping right to right side, drag left in towards right.

& CROSS, HOLD, TRIPLE FULL TURN, & CROSS, HOLD, SIDE, BEHIND

- &1-2 Step left slightly back, cross right over left, hold.
- 3 Make 1/4 turn right stepping back on left.
- & Make 1/2 turn right stepping forward onto right.
- 4 Make 1/4 turn right stepping left to left side.
- &5-6 Step right slightly back, cross left over right, hold.
- 7 Step right to right side.
- 8 Step onto ball of left behind right starting turn left.

1/2 TURN, SKATE, SKATE, LEFT-LOCK-STEP, FORWARD-ROCK, SWAY R, L

- & Complete 1/2 turn left stepping right beside left.
- 1-2 Skate left diagonally forward left, skate right diagonally forward right.
- 3&4 Step forward left, lock right behind left, step forward left.
- 5-6 Rock forward on right, rock back onto left.
- 7-8 Sway out to right side on right, sway to left side on left.

Start Again

Bridge: The bridge is danced only once following the third wall.

SIDE, POINT, SIDE, POINT, SIDE, POINT, SIDE, TOUCH

- 1-2 Step right to right side, angle body left & point left diagonally forward.
- 3-4 Step left to left side, angle body right and point right diagonally forward.
- 5-6 Step right to right side, angle body left & point left diagonally forward.
- 7-8 Step left to left side, touch right beside left.

Note: For extra styling shoulder rolls can be added when stepping to side.