

# Tyrolen

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Adam Åstmar (May 2015)

Music: I Tyrolen by Edelguys (136 BPM)

**Intro: 40 Counts, counting from the first “Edelguys”**

## **Sect – 1: SHUFFLE X2, DIAGONAL SHUFFLE X2**

1 & 2 Step R forward, step L next to R, step R forward  
3 & 4 Step L forward, step R next to L, step L forward  
5 & 6 Step R diagonally forward to the right, step L next to R, step R diagonally forward to the right  
7 & 8 Step L diagonally forward to the left, step R next to L, step L diagonally forward to the left

## **Sect – 2: ROLLING VINE, TOUCH CLAP, ROLLING VINE INTO CHASSE**

1 – 2 Turn 1 / 4 to the right stepping R forward, turn 1 / 2 to the right stepping L back  
3 – 4 Turn 1 / 4 to the right stepping R to right side, touch L next to R and clap your hands  
5 – 6 Turn 1 / 4 to the left stepping L forward, turn 1 / 2 to the left stepping R back  
7 & 8 Turn 1 / 4 to the left stepping L to left side, step R next to L, step L to left side

\* Tag 1 comes in here at walls: 1 (12:00), 4 (3:00), 8 (3:00), 11 (6:00)\*

## **Sect – 3: CROSS ROCK, SIDE ROCK, BEHIND CROSS, 1 / 4 TURN STEP, SHUFFLE, STEP**

1 – 2 Cross rock R over L, recover to L  
3 – 4 Rock R to right side, recover to L  
5 – 6 Cross R behind L, turn 1 / 4 to the left stepping L forward (9:00)  
7 & 8 & Step R forward, step L next to R, step R forward, step L next to R

## **Sect – 4: SWITCH STEPS**

1 & 2 & Touch R heel forward, step R next to L, touch L heel forward, step L next to R  
3 & 4 & Touch R next to L, step R next to L, touch L heel forward, step L next to R  
5 & 6 & Touch R heel forward, step R next to L, touch L next to R, step L next to R  
7 & 8 & Point R to right side, step R next to L, point L to left side, step L next to R

\* Tag 1 comes in here at walls: 3, 7 (3:00)\*

\* Tag 2 comes in here at wall: 10 (6:00)\*

## **Tag 1: STOMP, HOLD, STOMP, HOLD**

1 – 2 – 3 – 4 Stomp R to right side, hold, stomp L to left side, hold

## **Tag 2: ROCKING CHAIR, STEP 1 / 2 TURN X2**

1 – 2 Rock R forward, recover to L  
3 – 4 Rock R back, recover to L  
5 – 6 Step R forward, turn 1 / 2 to the left  
7 – 8 Step R forward, turn 1 / 2 to the left

**(The song is Swedish, but give it a try anyway!)**

**Have fun!**

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