

## **Shadow Ends**





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Choreographer:Adam Åstmar (SE).Music:"Where The Shadow Ends" by BANNERS & Young Bombs (4:17) ~ 75 bpm.Intro:16 counts, approx. 19 seconds, starting on the word "rising".Sequence: $A - A - B - B - C - C - A - B - B - C - C - B - B - C - C - B$ Count: $A - 28$ counts, $B - 16$ counts, $C - 16$ counts.			
Section	Steps & Explanations	End Facing	
A – 1	Nightclub Basic R. 5/8 Spiral Turn R. Step Fwd. Rock Fwd. Recover /w Small Sweep. Sweep.		
1 – 2 &	(1) Take a big step to the right on RF. (2) Close LF next to RF. (&) Cross RF over LF.	12'00	
3 – 4	(3) Make a spiral 5/8 turn to the right on LF. (4) Step forward on RF.	7'30	
5 - 6 - 7	(5) Rock forward on LF. (6) Recover on RF, making a small sweep with LF from front to back. (7) Step back on LF, sweeping RF from front to back.	7'30	
A – 2	Behind-Side-Cross. Side Rock. Cross. ½ Hitch Turn L. Step /w Sway. Sway. 3/8 Turn L.		
1 & 2 &	(1) Step RF behind LF. (&) Step to the left on LF. (2) Cross RF over LF. (&) Rock to the left on LF.	7'30	
3 & 4	(3) Recover on RF. (&) Cross LF over RF. (4) Step to the right on RF, hitching L knee and turning ½ to the left.	1'30	
5 - 6 - 7	<ul><li>(5) Step to the left on LF, swaying to the left. (6) Sway to the right.</li><li>(7) Turn 3/8 to the left, placing weight on LF and dragging RF from the side next to LF.</li></ul>	9'00	
A – 3	Rock Fwd Lifting R Hand. Ball. Back-Touch-Step. Step ½ Turn R. Full Spiral Turn R.		
1 – 2 &	<ul> <li>(1) Rock forward on RF, stretching R hand forward and lifting it slowly. (2) Recover on LF, finishing lifting R hand.</li> <li>(&amp;) Step slightly back on R.</li> </ul>	9'00	
3 & 4	(3) Step back on LF. (&) Touch R toe across LF. (4) Step forward on RF.	9'00	
5-6-7	(5) Step forward on LF. (6) Turn ½ to the right, placing weight on RF. (7) Make a full spiral turn to the right on LF.	3'00	
<b>A</b> – 4	Step Fwd. Side Rock. R Weave /w Sweep. Behind. ¼ L. Step ½ Turn L.		
1 & 2	(1) Step forward on RF. (&) Rock to the left on LF. (2) Recover on RF.	3'00	
3 & 4	(3) Cross LF over RF. (&) Step to the right on RF. (4) Step LF behind RF, sweeping RF from front to back.	3'00	
5 – 6	(5) Step RF behind LF. (6) Turn ¼ to the left, stepping forward on LF.	12'00	
7&	(7) Step forward on RF. (&) Turn ½ to the left, placing weight on LF.	6'00	
B – 1	Nightclub Basic R. ¼ Fallaway Diamond Back. 1/8 Arabesque. Cross Rock. Recover /w Sweep. Behind. 1/8 R Step Side.		
1 – 2 &	(1) Take a big step to the right on RF. (2) Close LF next to RF. (&) Cross RF over LF.	12'00	
3-4 &	(3) Step to the left on LF. (4) Turn 1/8 to the right, stepping back on RF. (&) Step back on LF, turning 1/8 to the right.	3'00	
5-6	(5) Step to the right, turning upper body 1/8 to the right and lift LF diagonally back. (6) Cross rock LF over RF.	4'30	
7 – 8 &	<ul> <li>(7) Recover on RF, sweeping LF from front to back. (8) Step LF behind RF.</li> <li>(&amp;) Turn 1/8 to the right, stepping to the right on RF.</li> </ul>	6'00	
<b>B</b> – 2	Step Fwd L /w Arm Movements. Recover R. Back /w Sweep. Behind-Side. R Arm Diagonally Up. R Arm Diagonally Down. Step Fwd /w Sweep. Cross Rock.		
1 & 2 &	(1) Step forward on LF. (& 2) Hold. (&) Recover on RF.	6'00	
3-4&	(3) Step back on LF, sweeping RF from front to back. (4) Step RF behind LF. (&) Step to the left on LF.	6'00	
5&6	<ul> <li>(5) Lean to the left, looking up on your hand (See arm movement).</li> <li>(&amp;) (See arm movement).</li> <li>(6) Lean to the right, looking down on your hand (See arm movement).</li> </ul>	6'00	
7 – 8 &	(7) Step forward on LF, sweeping RF from back to front. (8) Cross rock RF over LF. (&) Recover on LF.	6'00	
	Arm Movements For Specific Counts Above		
		6'00	

	(&) Place R hand in front of R eye with R elbow pointing to the right, palm facing out and fingers pointing towards your nose. (2) Pull both hands out, so you can see again.	
5&6	<ul> <li>(5) Push R hand diagonally up to the left with palm facing down and fingers pointing up, like Superman, but opposite direction!</li> <li>(&amp;) Fold R hand in towards your arm while starting to bring it diagonally down to the right.</li> <li>(6) Finish bringing hand diagonally down to the right with palm facing down and fingers pointing down.</li> </ul>	6'00
C – 1	Side Rock Lifting Arm. Behind. Small Side Rock /w Arm Movements. Step Back & Sweep. Behind. 1/8 Step Fwd. Step Fwd, /w Arm Movements. Bend Knees. 3/8 Turn /w Arm Movements. Rock Fwd.	
1 – 2 &	(1) Lean to the right on RF, watching R hand (See arm movement). (2) Recover on LF. (&) Step RF behind LF.	12'00
3&a4&	(3) Small rock to the left on LF. (&) Recover on RF. (a) Close LF next to RF. (4,&) (See arm movements).	12'00
5-6&	(5) Step back on RF, sweeping LF from front to back. (6) Step LF behind RF. (&) Turn 1/8 to the right, stepping forward on RF.	1'30
7&a8&	<ul> <li>(7) Step forward on LF. (&amp;) Bend both knees slightly (a) Turn 3/8 to the right, keeping weight on LF.</li> <li>(8) Rock forward on RF, straightening knees. (&amp;) Recover on LF.</li> </ul>	6'00
	Arm Movements For Specific Counts Above	
1	(1) Lift R hand from diagonally right down, to diagonally right up. Palm facing down and fingers out. This should be a smooth movement where the hand is almost making a wave motion.	12'00
3&a4&	<ul> <li>(3) Push L hand towards right shoulder, elbow pointing to the left, palm facing right and fingers pointing up.</li> <li>(&amp;) Pull L hand towards left shoulder. Elbow, palm and fingers still in the same position.</li> <li>(a) Push L hand towards the center of your chest, placing R palm against L palm. Elbows pointing out.</li> <li>(4) Keeping both hands against each other, turn them 90 degrees forward. Fingers should now point forward.</li> <li>(&amp;) Push hands forward, keeping both hands against each other.</li> </ul>	12'00
5	(5) Pull both hands out to each side with elbows bent, as if you are about to swim/hug someone.	12'00
7&a8&	<ul> <li>(7) Stretch L hand up, fingers pointing up.</li> <li>(&amp;) Pull L hand down to L shoulder, forming it into a fist.</li> <li>(a) When turning, push L hand slightly forward, fingers pointing forward and place R hand on L hand. R elbow pointing out.</li> <li>(8) Push L hand all the way forward, fingers pointing forward, keeping R hand on L elbow.</li> <li>(&amp;) Pull back L hand towards R hand, placing R hand on top of L hand. Palms should now be facing forward, L hand fingers pointing towards L. Elbows pointing out to each side.</li> </ul>	6'00
C – 2	Step Fwd /w Hitch & Arm Movement. Step Fwd. Rock Fwd. Recover /w Sweep. Back. ½ L. Step Fwd, Lifting R Hand. Step Fwd, Lifting L Hand. (Step ½ Turn L. Step Fwd. Step Together.) /w Arm Movements.	
1 – 2 &	(1) Step forward on RF, slightly lifting heel off the ground, hitching L knee. (2) Step forward on LF. (&) Rock forward on RF.	6'00
3 – 4 &	(3) Recover on LF, sweeping RF from front to back. (4) Step back on RF. (&) Turn ½ to the left, stepping forward on LF.	12'00
5 – 6	(5) Step forward on RF. (6) Step forward on LF.	12'00
7 & 8 &	(7) Step forward on RF. (&) Turn 1/2 to the left, placing weight on LF. (8) Step forward on RF. (&) Close LF next to RF.	6'00
	Arm Movements For Specific Counts Above	
1	(1) Push both hands up in the air, then slowly bring them down.	6'00
5 – 6	<ul><li>(5) Stretch R hand to the right, slowly lifting it to shoulder height.</li><li>(6) Stretch L hand to the left, slowly lifting it to shoulder height.</li></ul>	12'00
7&8&	<ul> <li>(7) Place L hand on R shoulder.</li> <li>(&amp;) Place R hand on L shoulder.</li> <li>(8) Switch hands on shoulders, placing R hand on R shoulder and L hand on L shoulder.</li> <li>(&amp;) Bring both arms down next to the body.</li> </ul>	6'00

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