

## Rainy days and Mondays

Count: 36    Wall: 2    Level: Easy Intermediate    Choreographer: Claire Bell

Music: Rainy days and Mondays by The Carpenters. Available from itunes and Amazon

Intro: 20 counts (start on vocals)

<b>Section 1</b>	<b>Forward sweep, weave sweep, behind, ¼ turn left, forward, spiral, side rock, cross</b>
<b>1,2&amp;</b>	Step forward on right sweeping left, cross left over right, step right to right side
<b>3,4&amp;</b>	Step behind on left sweeping right, step right behind left, turn ¼ left stepping forward on left (9.00)
<b>5,6</b>	Step forward on right, step on left making a spiral full turn right (keep weight on left)
<b>7,8&amp;</b>	Rock right to right side, recover weight on left, cross right over left

<b>Section 2</b>	<b>Left nightclub, ¼ turn right, step, pivot ½, step, full turn left, right nightclub</b>
<b>1,2&amp;</b>	Step left to left, rock behind on right, cross left over right
<b>3,4&amp;</b>	Turn ¼ right stepping forward on right, step forward on left, pivot ½ right
<b>5,6&amp;</b>	Step forward on left, turn ½ left stepping back on right, turn ½ left stepping forward on left
<b>7,8&amp;</b>	Step right to right side, rock behind on left, cross right over left (6.00)

<b>Section 3</b>	<b>Forward, run, run ½ turn, prissy walks, cross, rock, side, rock, behind, side</b>
<b>1,2&amp;</b>	Step forward on left diagonal, run right, run left, making a half circle left (12.00)
<b>3,4</b>	Walk forward on right, walk forward on left (prissy walks)
<b>5&amp;6&amp;</b>	Cross rock right over left , recover weight on left, rock right to right side, recover weight on left
<b>7,8</b>	Step right behind left, step left to left side

<b>Section 4</b>	<b>Diamond ½ turn right, side rock, together, side rock, together</b>
<b>1&amp;2</b>	Cross right over left, step back on left making 1/8 turn right, step back on right 1/8 turn right
<b>3&amp;4</b>	Step back on left, step forward on right making 1/8 turn right, step forward on left making 1/8 turn right
<b>5,6&amp;</b>	Rock right to right side, recover weight on left, step right next to left
<b>7,8&amp;</b>	Rock left to left side, recover weight on right, step left next to right

<b>Section 5</b>	<b>Rock, recover, ½ turn right, ½ turn right, rock, recover</b>
<b>1,2&amp;</b>	Rock forward on right, recover weight on left, ½ right stepping forward on right
<b>3,4&amp;</b>	Step back on left making ½ turn right sweeping right, rock back on right, recover weight on left

Ending: During wall 7 after section 3:

Cross right over left (1) Sweeping left from back to front, cross left over right (2)