JUMP START



Evelyn Khinoo, Choreographer

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Description:

4 walls, 32 counts

Easy Intermediate

Music:

"Your Tattoo," by Sammy Kershaw, preferred (148 bpm)

"I've Had Enough," by The Tractors (145 bpm)

Prepared By:

Evelyn Khinoo

3 PROGRESSIVE FORWARD STEPS ON RIGHT; CLAP; REPEAT

Step right slightly forward leading with ball of right foot and keeping weight on left; step right slightly further forward leading with ball of right foot and keeping weight on left; step right slighty further forward leading with ball of right foot (transfer weight to right on count 3); step left together with right (transfer weight to left) and clap**

Repeat 1-4 5-8

**Optional Hat Trick with forward steps: With hat on head, hold front brim of hat with right hand during counts 1-3 and 5-7 (or snap right fingers during counts 1-3 and 5-7)

RIGHT FORWARD; 1/2 LEFT PIVOT; FOOT ROCKS; CLAP

Step right forward; touch left next to right 1-2

Pivot ½ left on ball of right foot and step left forward; touch right next to left heel and slightly apart and back 3-4 from heel

Rock back onto right heel (transfer weight to right) and lift left heel off floor; rock forward onto left (transfer 5-6 weight to left) and lift right heel off floor**

Rock back onto right heel (transfer weight to right) and lift left heel off floor; hold and clap 7-8

**Optional Hat Trick with foot rocks: With hat on head, tip front brim of hat down with right hand on count 5, up on count 6, and down on count 7 (clap on count 8)

GRAPEVINE LEFT; KNEE SLAPS

Step left to left side; step right behind left

Step left to left side, hitch right knee up at 45° to the right and slap with right hand 3-4

Step right forward at 45° right (at 2:00); hitch left knee forward and slap with left hand 5-6

Step left backward at 45° (body stays angled right; left toes point at 2:00); hitch right knee forward and slap 7-8 with right

CENTER RIGHT; LEFT TOE SPIRAL; PIVOT 1/4 LEFT; HEEL SPLIT; RIGHT FOOT AND KNEE SLAPS

Step right to center; hook left toes behind and onto right side of right lower leg 1-2

Pivot 1/4 left on ball of right foot,** step left foot next to right (now facing left wall) 3-4

Swivel right heel to right and left heel to left (heel split); bring heels together at center 5-6

Slap right side of right foot with right hand; hitch right knee up at center and slap right knee with right hand 7-8

**Optional Hat Trick with ¼ pivot: With hat on head, hold front brim of hat with right hand and pivot ¼ left on count 3

BEGIN AGAIN