Choreographer: Nathan Gardiner (SCO) - August 2016
Music: Wasted Time - Keith Urban

Intro: 16 counts
S1: R Rumba Box, Walk Back R \& L, Coaster Step
1\&2 Step $R$ to $R$ side, Step $L$ next to $R$, Step forward on $R$
3\&4 Step $L$ to $L$ side, Step R next to L, Step back on $L$
5-6 Step back on $R$ (Option: Swivel $L$ toe to $L$ side), Step back on $L$ (Option: Swivel $R$ toe to $R$ side)
7\&8 Step back on R, Step back on L, Step forward on R
S2: Dorothy L \& R, Rock Forward, Recover, Triple Full L
1-2\& Step $L$ to $L$ diagonal, Lock $R$ behind $L$, Step slightly forward on $L$
3-4\& Step $R$ to $R$ diagonal, Lock $L$ behind $R$, Step slightly forward on $R$
5-6 Rock forward on L, Recover on R
$7 \& 8 \quad$ Triple full $L$ stepping $L, R, L$
S3: Cross, Side L, Sailor Step, Cross, Side R, Behind, Side, Cross
1-2 $\quad$ Cross $R$ over $L$, Step $L$ to $L$ side
3\&4 Step $R$ behind $L$, Step $L$ to $L$ side, Step $R$ to $R$ side
5-6 Cross $L$ over $R$, Step $R$ to $R$ side
7\&8 Step L behind R, Step R to R side, Cross L over R
S4: Chasse R, Rock Back, Recover, Step $1 / 2$ R, Shuffle Forward
1\&2 Step $R$ to $R$ side, Step $L$ next to $R$, Step $R$ to $R$ side
3-4 Rock back on L, Recover on R
5-6 Step forward on $L, 1 / 2 R$
7\&8 Step forward on L, Step R next to L, Step forward on L
S5: Walk Forward R \& L, Mambo Step, Coaster Step, Kick Ball Step
1-2 Step forward on R, Step forward on $L$
3\&4 Rock forward on R, Recover on L, Step back on R
5\&6 Step back on L, Step R next to L, Step forward on L
7\&8 Kick R forward, Step R next to L, Step forward on L
S6: R Dorothy, Heel Switches, L Lock Step, Mambo Touch
1-2\& Step $R$ to $R$ diagonal, Lock $L$ behind $R$, Step slightly forward on $R$
3\&4\& Dig L heel forward, Step L next to R, Dig R heel forward, Step R next to L
5\&6 Step forward on L, Lock R behind L, Step forward on $L$
7\&8 Rock forward on R, Recover on L, Touch R next to L
(Restart Point on wall 2)
S7: Chasse $1 / 4$ R, Step $3 / 4$ R, Chasse $1 / 4 L$, Step $1 / 2 L$ Step
$1 \& 2 \quad$ Step $R$ to $R$ side, Step $L$ next to $R, 1 / 4 R$ stepping forward on $R$
3-4 Step forward on $L, 3 / 4 R$
5\&6 Step $L$ to $L$ side, Step $R$ next to $L, 1 / 4 L$ stepping forward on $L$
7\&8 Step forward on R, $1 / 2 \mathrm{~L}$, Step forward on $R$
S8: Side Rock, Recover, Sailor $1 / 4$ L Cross, Kick Ball Cross, Sway R \& L
1-2 Rock out to L side, Recover on R
$3 \& 4 \quad$ Step $L$ behind $R, 1 / 4 L$ stepping $R$ to $R$ side, Cross $L$ over $R$
5\&6 Kick $R$ to $R$ diagonal, Step $R$ next to $L$, Cross $L$ over $R$
7-8 $\quad$ Step $R$ to $R$ side swaying hips to $R$ side, Sway hips to $L$ side
Restart: On wall 2 after 48 counts
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