



BETTER IF I DON'T



Choreographer : Marianne Langagne (Fr) 20.10.25
Walls : 4 Walls
Counts : 32 Counts – 2 Restarts 2nd & 5th Walls
Level : Easy Improver
Music : Better If I Don't - Jay Webb (120 Bpm)
Intro : 16 Counts

S1 SIDE, TOGETHER, SHUFFLE FWD, STEP ½ TURN R, SHUFFLE FWD

1 – 2 RF to the R, Together (Weight on LF)
3 & 4 RF Fwd, Together, RF Fwd
5 – 6 LF Fwd, ½ Turn R (Weight on RF) 6.00
7 & 8 LF Fwd, Together, LF Fwd

S2 CROSS ROCK, SIDE SHUFFLE, HEEL GRIND ¼ TURN L, COASTER STEP

1 – 2 Cross RF over LF, Recover on LF
3 & 4 RF to the R, Together, RF to the R
5 – 6 Heel Grind in ¼ Turn L, Recover on RF 3.00
7 & 8 LF Back, Together, LF Fwd

HERE RESTART 2nd Wall (Facing 6.00) & 5th Wall (Facing 3.00)

S3 ROCK STEP , SHUFFLE ½ TURN R, STEP ½ TURN R , SHUFFLE FWD

1 – 2 RF Fwd, Recover on LF
3 & 4 ¼ Turn R – RF to the R, Together, ¼ Turn R – RF Fwd 9.00
5 – 6 LF Fwd, ½ Turn R (Weight on RF) 3.00
7 & 8 LF Fwd, Together, LF Fwd

S4 SIDE , HEEL FAN, RECOVER , HEEL FAN, KICK BALL CROSS X 2

1 – 2 RF to the R, Pivot L Heel inwards with body diagonal to the L
3 – 4 Return facing 12.00 (Weight on L Leg), Pivot R Heel inward, with body diagonal to the R.
5 & 6 Kick RF, Together, Cross LF over RF
7 & 8 Kick PD, Together, Cross LF over RF

Dance & Have Fun !!!!