



Sexy Ladies

(November 2020)

contact@adamastmar.se – Swe +46 76-343 37 89



Information: 32 Counts, 2 wall, Intermediate.
Choreographer: Adam Åstmar (SE).
Music: "Sexy Ladies" by Superfruit (3:36) ~ 100 bpm.
Intro: 32 counts, approx. 19 seconds, starting on the word "hours".

| Section | Steps & Explanations | End Facing |
|----------|--|------------|
| 1 | R Side Rock. ¼ Recover. Ball. Back. Touch Across with Clap. Step. Lock-Step Forward. ¼ R. | |
| 1 – 2 & | (1) Rock to the right on RF. (2) Turn ¼ to the right, recovering on LF. (&) Ball step RF next to LF. | 3'00 |
| 3 – 4 | (3) Step back on LF. (4) Touch RF slightly in front of LF and clap hands. | 3'00 |
| 5 – 6 & | (5) Step forward on RF. (6) Step forward on LF. (&) Lock RF behind LF. | 3'00 |
| 7 – 8 | (7) Step forward on LF. (8) Turn ¼ to the right, placing weight on RF. | 6'00 |
| 2 | Hip Sway L, R. Ball. Walk Forward R, L. Kick-Ball-Point. Ball. Step ½ Turn. | |
| 1 – 2 & | (1) Sway hips to the left. (2) Sway hips to the right. (&) Ball step LF next to RF. | 6'00 |
| 3 – 4 | Walk forward on (3) RF, (4) LF. | 6'00 |
| 5 & 6 & | (5) Kick RF forward. (&) Ball step RF next to LF. (6) Point LF to the side. (&) Ball step LF next to RF. | 6'00 |
| 7 – 8 | (7) Step forward on RF. (8) Turn ½ to the left, placing weight on LF. | 12'00 |
| 3 | ¼ L Side Step with Hip Roll. Ball. Cross Side. Sailor 1/8 Heel. Ball. 1/8 Cross. Side. | |
| 1 – 2 & | (1) Turn ¼ to the left, stepping to the right on RF while starting to roll hips back, counter-clockwise from left to right. (push your behind back, like a sexy lady!) (2) Finish rolling hips. (&) Ball step LF next to RF, slightly facing the left diagonal. | 9'00 |
| 3 – 4 | (3) Cross RF over LF. (4) Step to the left on LF, squaring up to 9'00. | 9'00 |
| 5 & 6 & | (5) Step RF behind LF. (&) Step to the left on LF. (6) Turn 1/8 to the right, touching R heel forward. (&) Ball step RF next to LF. | 10'30 |
| 7 – 8 | (7) Turn 1/8 to the left, crossing LF over RF. (8) Step to the right on RF. | 9'00 |
| 4 | Sailor Step. Behind-Side-Cross. ½, ¾ with Sweep. Behind-Side-Cross. | |
| 1 & 2 | (1) Step LF behind RF. (&) Step to the right on RF. (2) Step slightly to the left on LF. | 9'00 |
| 3 & 4 | (3) Step RF behind LF. (&) Step to the left on LF. (4) Cross RF over LF. | 9'00 |
| 5 – 6 | (5) Turn ½ to the left, placing weight on LF. (6) Turn ½ to the left, stepping back on RF and sweep LF from back to front, turning another ¼ to the left. (You make the ¾ sweep turn all at once!) | 6'00 |
| 7 & 8 | (7) Step LF behind RF. (&) Step to the right on RF. (8) Cross LF over RF. | 6'00 |

Please do not change anything in this stepsheet. If you want to use this somewhere else, you need to make sure that it's in original form and nothing's missing, such as contact details etc.

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