

OUT OF HABIT

Count: 32

Wall: 2

Level: Beginner level

Choreographer: Daniel Trepap (NL)

Music: Out If Habit by BR5-49

Start: When the beat comes in start after 24 counts. **Restart:** Dance wall 4 until count 16, then start again. Shuffle $\frac{1}{2}$ turn, shuffle backwards, side shuffle to right, side shuffle to left. 1 RF Step forward, $\frac{1}{4}$ turn left & LF Step together 2 RF Step backwards, $\frac{1}{4}$ turn left 3 LF Step backwards & RF Step together 4 LF Step backwards 5 RF Step to the right & LF Step together 6 RF Step to the right 7 LF Step to the left & RF Step together 8 LF Step to the left Kick forward, kick with $\frac{1}{4}$ turn right, coasterstep, kick forward, kick with $\frac{1}{4}$ turn, coasterstep. 1 RF Kick forward 2 RF Turn $\frac{1}{4}$ right on LF and kick forward 3 RF Step backwards & LF Step together 4 RF Step forward 5 LF Kick forward 6 LF Turn $\frac{1}{4}$ left on RF and kick forward 7 LF Step backwards & RF Step together 8 LF Step forward Kicks forward, boogie walks, touch. 1 RF Kick forward 2 RF Step together 3 LF Kick forward 4 LF Step together 5 RF Step forward, hold your knee against your L.knee 6 LF Step forward, hold your knee against your R.knee 7 RF Step forward, hold your knee against your L.knee 8 LF Touch next to RF Big step left, slide, dixie kick forward, low kick backwards. 1 LF Big step to the left 2-3-4 RF Slide till next to LF, without weight 5 RF Kick right heel forward 6 Hold 7 RF Low kick backwards 8 Hold Start over again.