

DOPAMINE

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Karianne Heimvik

Music: Dopamine, Clairmont & Wonder The Boy

Dance: ABB, ABB, tagA BB

PART A:

(1-8) Rockingchair, ¼ turn cross, monterey ¼ turn x2

1&2&: rock fwd on R, recover weight on L, rock back on R, recover weight on L

3&4: step fwd on R, make ¼ turn to left and recover weight on L, cross R over L

5,6: touch L to left, make ¼ turn to left by bringing L back in place and stepping on to it.

7,8: touch R to right, make ¼ to right by bringing R back in place and stepping on to it

(9-16) Anchorstep (syncopated), ½ turn x 2, coasterstep, fwd step

1,2&: step fwd on L and make ¼ turn to right, step R behind L, recover weight on L

3,4,5: make ¼ turn to left and step back on R, make ½ turn to left stepping onto L, make ½ turn to left stepping back on R

6&7,8: step back on L, step R next to L, step fwd on L, step fwd on R

(for styling do your ½ turns with a pep in your step and straight legs)

(17-24) rock step, shuffle back, rock step, shuffle ½ turn

1,2: rock fwd on L (pop your R knee), recover weight on R (pop your L knee)

3&4: step back on L, step R next to L, step back on L

5,6: rock back on R, recover weight back to L

7&8: make $\frac{1}{4}$ turn to left by stepping fwd on R, make $\frac{1}{4}$ turn to left by stepping L next to R, step back on R

(25-32) back sweep, back sweep, sailor $\frac{1}{4}$ turn, pivot $\frac{1}{2}$ turn, $\frac{1}{2}$ turn

1,2: sweep and step back on L, sweep and step back on R

3&4: make $\frac{1}{4}$ turn to left as you sweep and step L behind R, step R to right, step L in place

5,6: step fwd on R, make $\frac{1}{2}$ turn to left by stepping onto L

7&8: step fwd on R, make $\frac{1}{2}$ turn to left by stepping onto L, step fwd on R

(33-40) step fwd x2

1,2,3,4: step fwd on L

5,6,7,8: step fwd on R

(41-48) step fwd L, rock step, $\frac{1}{2}$ turn x2

1,2,3,4: step fwd on L

5,6: rock fwd on R, recover weight on L

7,8: make $\frac{1}{2}$ turn to right stepping onto R, make $\frac{1}{2}$ turn to right stepping back on L (start sweeping R)

(for styling, feel free to use your arms on count 33 to 44)

PART B:

(49-56) sailor $\frac{1}{4}$ turn, walk, walk, $\frac{1}{4}$ turn cross, $\frac{1}{4}$ turn, $\frac{1}{2}$ turn

1&2: make $\frac{1}{4}$ turn to right as you sweep and step R behind L, step L to left, step R in place

3,4: step fwd on L, step fwd on R

5&6: step fwd in L, make $\frac{1}{4}$ turn to right and recover weight to R, cross L over R

7,8: make $\frac{1}{4}$ turn to left stepping back on R, make $\frac{1}{2}$ turn to left stepping onto L

(57-64) syncotaped rockstep, rock step, $\frac{1}{2}$ turn x2, staccatto steps

1,2&: rock fwd on R, recover weight on L, step R next to L

3,4: rock fwd on L, recover weight on R

5,6: make $\frac{1}{2}$ turn to left stepping onto L, make $\frac{1}{2}$ turn to left stepping back on R

7&8: step L to left, step R in place, step L in place, step L in place

(while doing count 7&8, keep on the ball of your feet and legs straight)

Start dance again!

TAG: The 3rd time you dance A, there will be a tag after 30 counts.

The music will be different for the whole A this time, so it is easy to remember.

The tag comes after: back sweep, back sweep, sailor $\frac{1}{4}$ turn, pivot $\frac{1}{2}$ turn

Tag:

31,32: rock back on R, make a $\frac{1}{2}$ turn to right and recover weight to L

Remeber to start sweeping R to start part B

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